

what we do

igrow offers evidence based, intensive services that:

1. Promote parent-child attachment;
2. Provide developmental screening, monitoring, and referrals; and
3. Provide linkages to community resources and services.



For expectant moms and families of children birth to 5 years old



One-on-One Visits



Developmental Screening



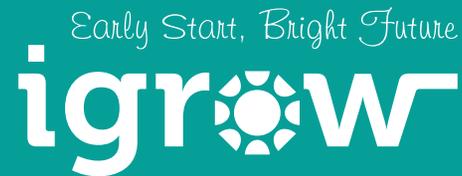
Parent-Child Learning Activities



Health and Wellness Support



Connections to Additional Resources



Lake County

Health Department and
Community Health Center

3010 Grand Avenue
Waukegan, IL 60085

Phone: (847) 377-8112
Email: igrow@lakecountyil.gov
Web: igrowlakecounty.org

This program was made possible by the Patient Protection and Affordable Care Act of 2010, which authorizes the creation of the Maternal, Infant, and Early Childhood Home Visiting program (MIECHV). This publication was made possible by Grant Number **X02MC19400** from Health Resources and Services Administration. The project described was supported by Grant Number **X02MC23102** from Health Resources and Services Administration. Funding is provided in whole or in part by the Illinois Department of Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HRSA, Illinois Department of Human Services or the Illinois Governor's Office of Early Childhood Development.



A Proven
Strategy for
Strengthening
Families

who we are

Early Start, Bright Future



igrow is the Illinois symbol for quality evidence-based home visiting services to expectant parents and families with new babies and young children.

igrow

home visiting:

- Promotes family self-sufficiency
- Has a positive effect on parenting
- Connects families with a medical provider
- Reduces child maltreatment
- Increases kindergarten readiness

how it works

igrow home visiting provides family support and coaching to young parents who may be inexperienced and often do not have family support. Trained professionals are matched with families based on each family's needs.

It's voluntary.
Families volunteer to participate in home visiting. Therefore, it shows their commitment to becoming the best parents they can be.

family support specialists:

- Help parents watch for developmental milestones
- Help parents communicate effectively with their doctor
- Facilitate activities that increase parent-child attachment
- Help parents understand and respond to their child's needs
- Help families connect with community services

why it's important

Babies do not come with instruction manuals.

The prenatal period and the first years of life are a critical time for brain development that lays the foundation for future success.

It works.

Families who participate in home visiting are more likely to read aloud, tell stories, say nursery rhymes and sing with their children, building listening, memory, and vocabulary skills.

The use of evidence-based home visiting models means that research has demonstrated positive effects on parenting.

For more information, call (847) 377-8112.

