



Are you or someone you love struggling with opioid use?

We are here to help.

Substance Abuse Program (SAP)

3004 Grand Avenue
Waukegan, IL 60085
Phone: (847) 377-8120

Need2Know Lake County

2400 Belvidere Road
Waukegan, IL 60085
Phone: (847) 377-8450

Live4Lali

3255 N. Arlington Heights Road #508
Arlington Heights, IL 60004
Phone: (844) 584-5254

Illinois Helpline

(833) 2FINDHELP
www.HelpLineIL.org

Lake County Health Department and Community Health Center

3010 Grand Avenue
Waukegan, IL 60085
Web: health.lakecountyil.gov



Overdose can happen at any time.

Naloxone is a non-addictive, life-saving medication. It can reverse the effects of an opioid overdose when used in time. It is easy to get and easy to use.

If you or someone you care for uses opioids, **carry naloxone.**

Know how to use it.

Tell your family and friends what it is, where it is, and how to use it.

It may save a life.



Naloxone Saves Lives

Stop an Opioid Overdose



Where to get naloxone

With insurance

- Most insurance plans cover naloxone, including Medicaid and Medicare.
- Ask your healthcare provider for a prescription.
- Ask your local pharmacist. Some pharmacists can give naloxone without a prescription.

Without insurance

- Contact the programs on the back of this brochure.

Tips to prevent overdose

- **Don't use drugs alone.** If you do, let someone know where you are.
- **Don't mix drugs.** If you do, use less of each drug.
- **Avoid mixing opioids** with alcohol, benzodiazepines (e.g., Xanax, Ativan, Klonopin, Valium) or medicines that make you sleepy.
- **Try a small amount** of the drug to see how strong it is.
- **Be careful and go slow** if you are using after a period of abstinence.

When to give naloxone

Suspect an opioid overdose if you see:

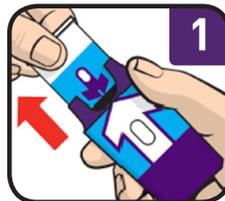
- Very sleepy or unresponsive
- Breathing is slow or stopped
- Pupils are tiny
- Lips or nails are blue or gray
- Skin feels cold or clammy

How to give naloxone

EVZIO® Auto-Injector

— OR —

NARCAN® Nasal Spray



Pull EVZIO from the outer case.



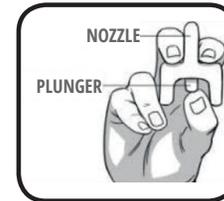
Pull off the **red** safety guard.



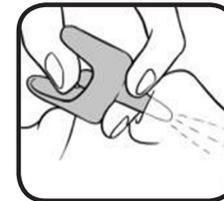
Place **black end** against the **outer thigh** then **press firmly** and **hold in place for 5 seconds**.



Peel back the package to remove NARCAN



Hold Narcan as shown in the picture. Place the **tip of the nozzle in either nostril** until your fingers touch the base of the person's nose.



Press the **plunger firmly** to release the dose into the person's nose.

Call 9-1-1 right away after giving naloxone.

If the person does not respond after 2-3 minutes, give a second dose of naloxone.

Stay with the person until help arrives.

Replace naloxone immediately after you have used it.

This brochure is for educational purposes. For the use of naloxone, follow product instructions.