

ENVIRONMENTAL HEALTH SERVICES

- Air Pollution
- Animal Control
- Food Sanitation
- Individual Sewage Disposal
- Insect, Rodent & Vector Control
- Laboratory Services
- Lakes Management
- Lead Paint Assessment
- Private Water Supplies
- Public Water Supplies
- Recreational Facilities
- Solid Waste Management
- Waste Water

Environmental Health Services Locations

3010 Grand Avenue
Waukegan, IL 60085
(847) 377-8020

121 E. Grand Avenue
Lake Villa, IL 60046
(847) 377-7780

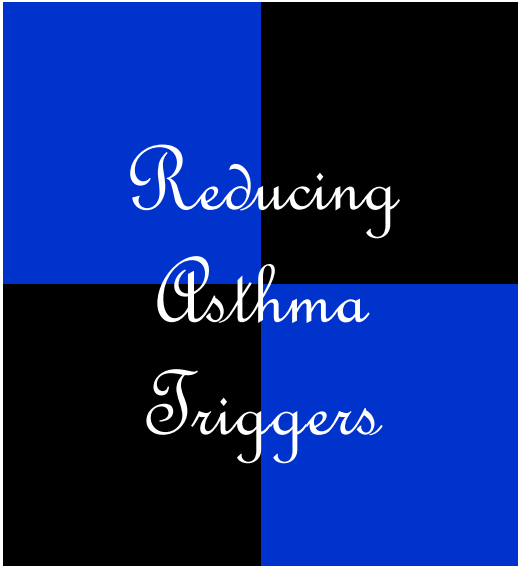
118 S. Main Street
Wauconda, IL 60084
(847) 984-5000

29278 N. Highway 83
Mundelein, IL 60060
(847) 949-9925

Visit our website at:

www.lakecountyil.gov/health/ehs

Environmental Health Staff provide services designed to protect the environment and promote proper sanitary practices to Lake County citizens and businesses. Educational presentations are available on the following: Individual Sewage Disposal (ISD) Systems, Private and Public Water Supplies, Food Service Protection, Lakes Management, Solid Waste, Lead, and Radon.

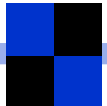


*Reducing
Asthma
Triggers*

*A checklist for making
changes around the home*



 **LakeCounty**
Health Department and
Community Health Center



The checklist below covers most allergens and irritants commonly found in certain areas of homes, which may worsen asthma symptoms.

Basement/Utilities:

Use the highest quality filter available for your furnace and air conditioner, clean or replace as needed.

Repair any plumbing leaks, fill cracks and insulate pipes.

Dry and clean up immediately after leaks, floods or sewer back-ups.

Eliminate cardboard boxes. Replace with plastic containers.

Use a dehumidifier if necessary.

Use scent-free, dye-free laundry detergents and softeners.

Living Areas:

Eliminate “soft” furnishings (drapes, carpeting, upholstered furniture) where possible.

Use highest quality vacuum cleaner bag available or HEPA filter.

Use damp or dust-free cleaning methods. Avoid heavily-scented cleaning products.

Ventilate well when using bleach or ammonia products.

Bedrooms:

Use washable curtains or blinds. Wash weekly in hot water.

Cover pillows and mattresses with allergen-proof zippered covers.

Wash bedding weekly in hot water.

Remove carpeting. Use washable throw rugs if necessary.

Keep stuffed animals off the bed.

Keep furred or feathered pets out of the room.

Use damp or dust-free cleaning methods.

Use vent air filters if accessible.

Kitchen:

Vent cooking fumes and humidity to outside.

Avoid heavily scented cleaning products or substitute “natural” cleaners such as vinegar and baking soda.

Pets/Pests:

Keep furred or feathered pets out of bedrooms, off of furniture, outdoors or find a new home for them.

Wash hands well after contact with animals and keep hands away from face.

Avoid using pesticide sprays if possible.

Eliminate pests’ food, water and hiding places. Use baits and traps if necessary.

Miscellaneous:

Have child bathe or shower at night.

Limit outdoor activity on sunny, windy days.

Avoid smoking in the home or car. Don’t allow others to smoke in the home or car.

Avoid using candles, potpourris and perfumed sprays.

