



Self Help Groups and Resources

Please note: The Lake County Health Department/Community Health Center provides this information as a resource only. LCHD/CHC makes no endorsement of any of the groups, associations or resources in this document.

Chronic Conditions

American Diabetes Association http://www.diabetes.org	312.346.1805 312.346.4997 TTY
American Lung Association of Lake County	847.295.5864
Arthritis Foundation http://www.arthritis.org/	800.283.7800 312.616.3470
Crohn's-Collitis Foundation http://www.ccfa.org	847.827.0404
Feingold Association http://www.feingold.org	800.321.3287
Leukemia Society of America http://www.leukemia.org	312.726.0003
National Multiple Sclerosis Society http://www.nationalmssociety.org/ILD/home/	312.421.4500 800.344.4867

Eating Disorders

National Association for Anorexia Nervosa and Associated Disorders (ANAD) – Eating Disorders http://www.anad.org	847.831.3438
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Family Support Groups

Al-Anon/Alateen Family Groups http://www.al-anon.org/index.html	847.680.4640
Compassionate Friends (for Bereaved) http://www.compassionatefriends.org	630.990.0010
Feingold Association http://www.feingold.org	800.321.3287
Gam-Anon http://www.gam-anon.org/	708.802.0105
National Alliance for Mentally Ill of Lake County (NAMI) http://www.nami.org	847.249.1515
The Parent Group	847.263.7272

Gambling Addiction

Gamblers Anonymous -Chicago Hotline http://www.gamblersanonymous.org/	312.346.1588
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Homeless / Housing

PADS Crisis Services - HELP Center, PADS, & Resource Center http://www.lakecountypads.org/programs.htm	847.689.4357
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Hospital Classes and Support Groups

Advocate Condell Hospital http://www.advocatehealth.com/condell/body.cfm?id=445	847.362.2900 x5275
Highland Park Hospital https://www.northshore.org/apps/calendar/Default.aspx?lid=2055	847.480.3720

Loss / Bereavement

Compassionate Friends (for Bereaved) http://www.compassionatefriends.org	630.990.0010
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Mental Health / Emotional Support

Emotions Anonymous http://emotionsanonymous.org/	651-647-9712
National Alliance for Mentally Ill of Lake County (NAMI) http://www.nami.org	847.249.1515

Substance Abuse and/or Addiction

Alcoholics Anonymous http://www.aa.org/lang/en/meeting_finder.cfm?origpage=29	312.346.1475 312.346.8070 TTY
Cocaine Anonymous http://www.ca.org/meetings.html	773.202.8898
Gamblers Anonymous -Chicago Hotline http://www.gamblersanonymous.org/	312.346.1588
Gateway Foundation http://www.gatewayfoundation.org/	847.356.8205 847.356.8205 TTY
Narcotics Anonymous http://portaltools.na.org/portaltools/MeetingLoc/	708.848.4884