



The purpose of the self-help group is to create a community of people who are living with the grief that flows from the death of a homicide victim. The self-help group provides members with the opportunity to share the impact the homicide had on their lives and to hear how other people facing loss and grief are coping. Participation keeps members from feeling isolated and empowers them to face grief in an empathetic community. Being surrounded by others who have faced loss provides a supportive and non-judgmental atmosphere which validates the member's feelings and provides encouragement that it is possible to feel better. This self- help group is run by a facilitator to promote healing through discussion. The group is not therapy and it is not run by a licensed professional counselor or a clinical social worker. This group is not intended to replace therapy or counseling.

MEETINGS TWICE A MONTH

***Please contact Margarita Garcia for further information at:
847 377 3022.***

Victim-Witness Services

Lake County State's Attorney's Office

