



Weekly Influenza Report

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18 – 24 December, 2016
Week 51

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What is Influenza?

The Centers for Disease Control and Prevention (CDC) defines influenza (flu) as a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness. Serious outcomes of flu infection can result in hospitalization or death. Some people, such as older people, young children, and people with certain health conditions, are at high risk for serious flu complications. The best way to prevent the flu is by getting vaccinated against the flu, each year.

For questions regarding influenza and what is reportable to the Lake County Health Department, contact the Communicable Disease (CD) Program at (847) 377-8130

Weekly Summary

Geographic Area	Flu/Influenza-Like Illness (ILI) Activity
Lake County	<ul style="list-style-type: none"> Visits for Upper Respiratory Illness/Influenza-like-illness (ILI) have declined by 24% since last week, due to the shortened holiday work week. Lake County Schools: Flu/ILI information not representative due to the decrease in reporting schools.
Cook County	Flu/ILI Activity is currently: LOW (Week 50).
Wisconsin (Southeast Region)	Flu/ILI Activity is currently: LOW (Week 49).
Illinois	Flu/ILI Activity is currently: LOW (Week 50).
United States	Flu/ILI Activity is currently: LOW (Week 50).

Note: Our report contains different flu weeks for some geographic areas due to different reporting dates of sources.

The Centers for Disease Control and Surveillance (CDC) have classified flu/Influenza-Like-Illness (ILI) activity levels as minimal (levels 1-3), **low (levels 4-5)**, **moderate (levels 6-7)**, and **high (levels 8-10)**. This classification helps in summarizing weekly flu/ILI surveillance information for a particular geographic area and making flu/ILI activity easier to interpret.

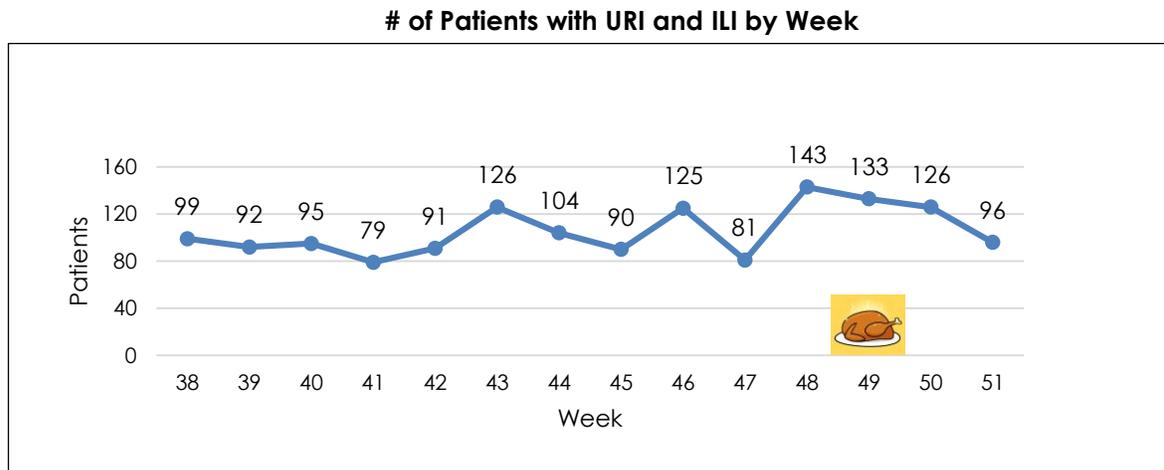
The 2016-17 U.S. Three component (Trivalent) influenza vaccine contains: A/California/7/2009 (H1N1) pdm09-like virus, A/Hong Kong/4801/2014 (H3N2)-like virus, and a B/Brisbane/60/2008-like virus (B/Victoria lineage).

The 4 component (Quadrivalent) influenza vaccine will also include a B/Phuket/3073/2013- like virus (B/Yamagata lineage) for this year's flu season.

County Data

LCHD/CHC (Federally Qualified Health Center): Week 51 (18 – 24 Dec 16)

Visits to the Lake County Health Departments - Community Health Center clinics (LCHD/CHC), for both upper respiratory infections (URI) and/or influenza-like-illness (ILI), dropped by 24% when compared to the previous week. The decline in visits is mainly due to the shortened holiday week.



Source: Lake County Health Department Electronic Health Records, 2016.

Reportable to the Lake County Health Department: Week 51 (18 – 24 Dec 16)

Quick Stats	Week 51	Prior Week	Cumulative*
Flu - Intensive care unit (ICU) admissions	0	0	0
Flu - Pediatric Deaths (0-18)	0	0	0
Flu - Outbreaks reported (Congregate settings) **	1	0	1

Source: Illinois' National Electronic Disease Surveillance System (I-NEDSS)

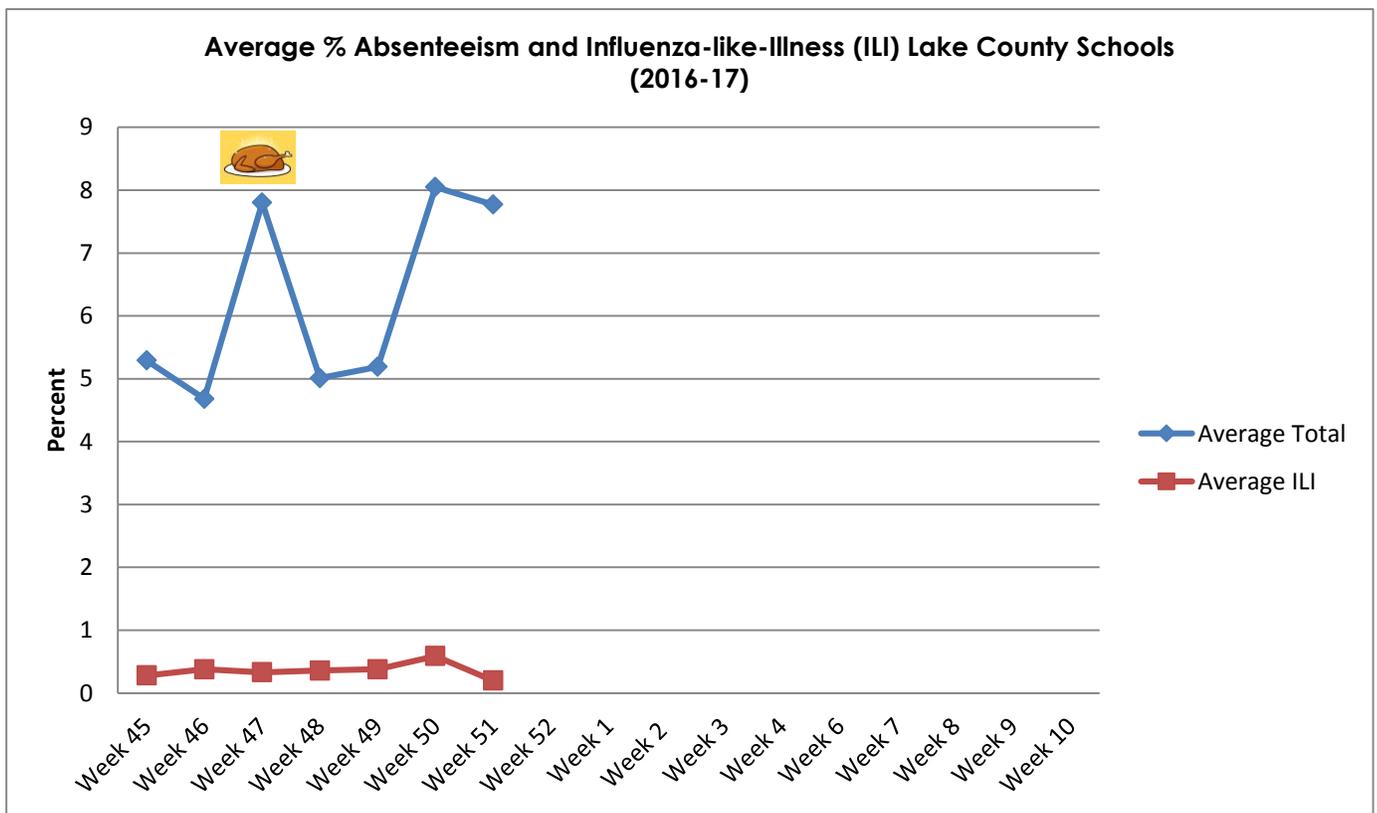
*Cumulative since week 35. Single positive flu tests are not reportable in Illinois.

**Correctional, Long Term Care (LTC) Facilities and Hospitals.

School Influenza-Like Activity Surveillance: Week 51 (18 – 24 Dec 16) “Shortened School Week”

Reporting School Districts: Antioch (34), Community (128), Libertyville (70) and Waukegan (60).

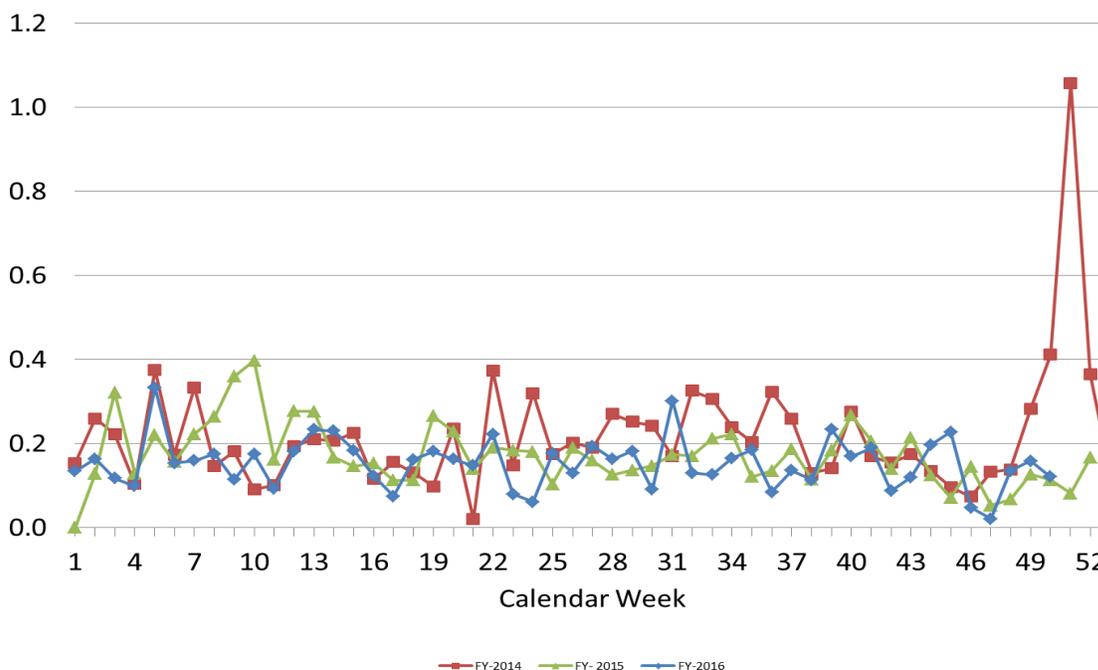
Quick Stats	Current Week	Previous Week
Schools tracking and reporting absenteeism data	31	51
Schools reporting ILI absenteeism ($\geq 5\%$)	0	2
Schools/Pre-schools reporting general absenteeism ($\geq 10\%$)	18	31



Source: Lake County Schools 2016-2017

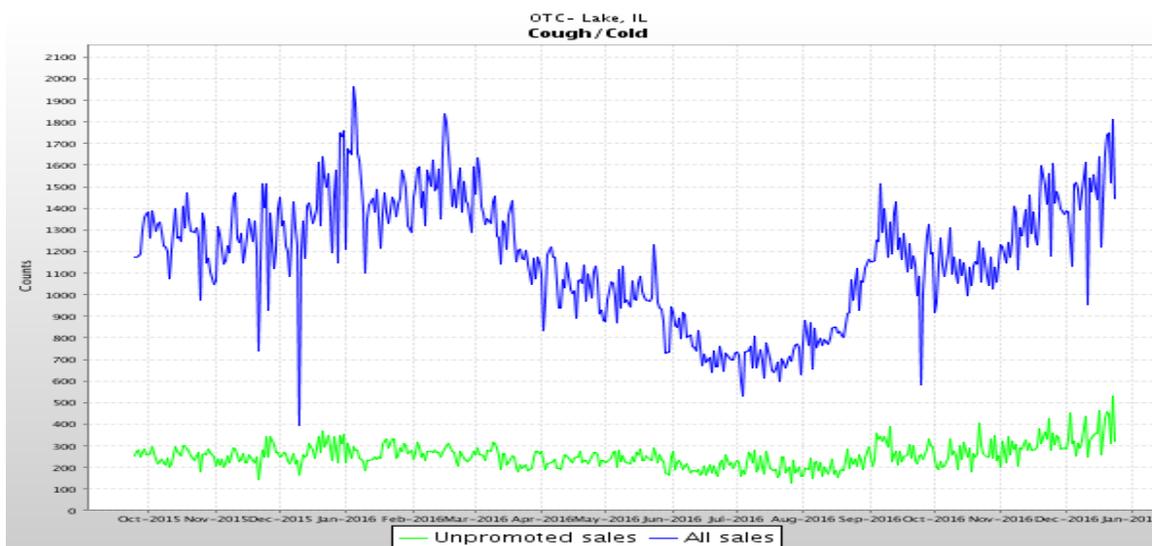
General Sentinel Site: Week 50 (11 – 17 Dec 16)

Febrile Respiratory Illness Rate (per 100 Doctor Visits)



Sentinel Pharmacies: Past 15 Months (25 Sep 15 – 24 Dec 16)

There are 70 pharmacies in Lake County who report the amount of over-the-counter (OTC) cough and cold medications they sell for Upper Respiratory Infections. This report includes “All Sales” which refers to all cough and cold medicines that were sold in total, and “Un-promoted Sales”, which are cough and cold medicines not promoted but sold.



Source: Real Time Outbreak and Disease Surveillance (RODS), 2016-2017.

State Data

Illinois: Week 50 (10 – 17 Dec 16)

Current Week Quick Stats		
Illinois Influenza Geographical Spread	Sporadic (see flu activity chart below for definition)	
Percent of outpatient visits for ILI	1.33% (baseline 1.90%)	
Percent/Number of Influenza Positive Tests	Current Week: 2.7%	Season: 1.08%
Influenza-Associated ICU Admissions	Current Week: 6	Season: 29
Influenza Outbreaks	Current Week: 2	Season: 6
Influenza Associated Pediatric Deaths (<u>Season Total</u>)	0	

Source: Illinois Department of Public Health, Influenza Surveillance, 2016.**Illinois Department of Public Health (IDPH) Flu Activity Rating by Geographical Spread**

No Activity	No laboratory confirmed cases of influenza.
Sporadic Activity	Isolated lab-confirmed cases <u>OR</u> lab confirmed outbreak in one institution.
Local Activity	Recent (within the past 3 weeks) lab evidence of influenza in region with increased ILI <u>OR</u> recent (within the past 3 weeks) lab evidence of influenza in region with the outbreaks; virus activity is no greater than sporadic in other regions.
Regional Activity	Increased ILI in > 2 but less than half of the regions <u>AND</u> recent (within the past 3 weeks) lab confirmed influenza in affected regions. <u>OR</u> institutional outbreaks (ILI or lab confirmed) in > 2 and less than half or regions <u>AND</u> recent lab confirmed influenza in affected regions. A region is defined as the regions States use for public health purposes.
Widespread Activity	Increased ILI and/or institutional outbreaks (ILI or lab confirmed) in at least half of the regions <u>AND</u> recent (within the past weeks) lab confirmed influenza in the state.

Source: Illinois Department of Public Health, Influenza Surveillance, 2016.

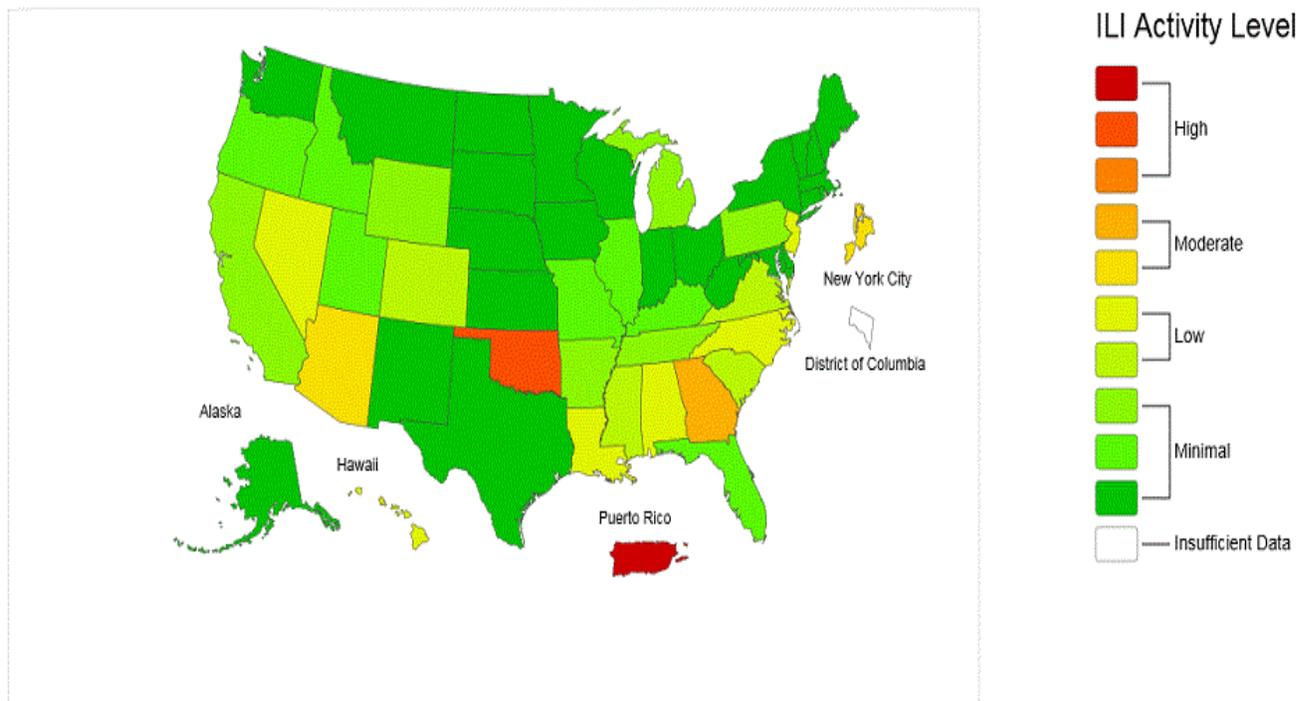
National Data

Center for Disease Control and Prevention (CDC): Week 50 (11 – 17 Dec 16)

Flu/Influenza-Like Illness (ILI) activity increased slightly in the United States

- **Viral Surveillance:** The most frequently identified influenza virus subtype reported by public health laboratories during week 50 was influenza A (H3). The percentage of respiratory specimens testing positive for influenza in clinical laboratories increased.
- **Influenza-Associated Pediatric Deaths:** No influenza-associated pediatric deaths have been reported for this flu season.
- **Geographic Spread of Influenza:** The geographic spread of influenza in Puerto Rico was reported as widespread; Guam, the U.S. Virgin Islands and 13 states reported as regional; the District of Columbia and 26 states reported local activity; and 11 states reported sporadic activity.

Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet 2016-17 Influenza Season Week 50 ending Dec 17, 2016



Source: Centers for Disease Control and Prevention, *Flu Activity and Surveillance*, 2016.