

GOAL: BUILD HEALTHY, INCLUSIVE, AND RESILIENT COMMUNITIES

STRATEGIC STATEMENT: Improve health for all Lake County residents by assuring the places where they live, work and play have the critical elements required to make communities, safe, healthy, inclusive, and vibrant.

Strategy 1: Improve policy, systems, and environmental design to promote improvement in health outcomes for all Lake County residents through the understanding of social determinants¹ of health.

Action A: Leverage Live Well Lake County (LWLC)² and the Lake County Community Health Improvement Plan (CHIP)³ to assist in focused policy, system, and environmental interventions aimed to improve the health of all county residents.

Action B: Increase the number of municipalities in Lake County with safe routes for walking and biking related initiatives through LWLC Walking Action Team and Go Lake County initiatives.

Action C: Expand holistic community-wide understanding of the role that social determinants of health, such as education, workforce, housing, health and economic outcomes play in the well-being of Lake County residents.

Action D: Continue to leverage and expand communication tools, information sharing and other resources to assist service agencies to treat the whole person.

Action E: Enhance personal preparedness through outreach, training and workshops provided by emergency preparedness teams in Lake County.

Action F: Cultivate disaster-resilient communities through joint planning, training, and exercising with partner organizations in the public and private sectors.

¹ Social Determinants: "Conditions in the places where people live, learn, work and play - such as education, socioeconomic status, employment, access to healthcare, physical environment, and social support networks - that affect a wide range of health risks and outcomes."

² Live Well Lake County is a community partnership created in 2011 to help assess and identify ways to improve health conditions for Lake County residents. For more information on LWLC please visit www.LiveWellLakeCounty.org.

³ The CHIP is the plan to improve health outcomes of county residents based on the community health assessment conducted by LCHD/CHC staff and approved by LWLC steering committee. To learn more about the CHIP please visit http://www.livewelllakecounty.org/improvement-plan.

Strategy 2: Increase access to behavioral health services in Lake County and reduce the stigma of behavioral health-related conditions.

Action A: Increase awareness of and access to behavioral health services (joint development of substance abuse and mental health treatment planning and coordinated case management) based on identified population need.

Action B: In collaboration with community partners, launch a public awareness campaign focused on reducing stigma of behavioral health-related conditions.

Action C: Support data sharing initiatives of service providers in Lake County to create an increased understanding of population demand for behavioral health services, availability of providers in Lake County, potential shifts in demand based on market trends, and coordinated efforts of service providers.

Action D: Empower the Lake County Mental Health Coalition to evaluate gaps in meeting the needs of the chronically homeless and those experiencing mental health conditions and recommend strategies for addressing any gaps.

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Strategy 3: Increase access to workforce development programs and availability of affordable housing across Lake County.

Action A: Leverage public and private partnerships while utilizing workforce resources and grants to assist with the implementation of affordable housing initiatives to increase home ownership amongst county residents.

Action B: Invest in and improve the supply of affordable, decent, safe and sanitary housing available for all Lake County residents.

Action C: Increase complete street policy adoption and seek to improve walkability and access to public transportation for all Lake County residents.

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Strategy 4: Foster a culture in Lake County that embraces diversity, seeks to understand our differences and leverages the power of diverse perspectives and people in order to shape a brighter future for our communities.

Action A: Promote human dignity, equality and mutual respect through public awareness and community dialogue with a focus on reducing discrimination and social sigma experienced by people with behavioral health issues.

Action B: Collaborate with partners to promote effective communication with residents and stakeholders to heighten awareness of diversity and inclusion issues and share best practices.

Action C: Promote diversity, inclusion, and equity in Lake County training and leadership development programs, and improve recruitment strategies to reach and attract more diversity in candidates.



Improving Health Requires A Holistic System of Care

"I didn't know where to go for help. Without the help of Beatrice, I don't think I could have made it." Beatrice is a bilingual nurse with the Family Case Management program at the Health Department. Genesis refers to her as her guardian angel. When Genesis became pregnant, Beatrice connected her to resources where Genesis could obtain a crib, car seat, clothing, stroller, diapers and other essential items. She also connected her with the right programs to obtain other important things, such as affordable housing and free or inexpensive food and clothing. Genesis Zarraga, Lake County resident

PERFORMANCE METRIC

Number of households experiencing two or more of the negative housing conditions: cost burden, no kitchen facility, no bathroom facility, overcrowded conditions



Assess 100% of new clients for social determinants of health at their first visit to the Lake County Health Department/Community Health Clinics



