



OFFICE OF THE SHERIFF

Lake County, Illinois

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SHERIFF

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Parent Back2School Safety Tips

2017-2018 School Year

**EMERGENCY
DIAL 911**

DIVISIONS

**Civil Process
(847) 377-4400**

**Communications
(847) 549-5200**

**Community
Service
(847) 377-4211**

**Court Security
(847) 377-4911**

**Criminal
Investigations
(847) 377-4250**

**Emergency
Management
Agency
(847) 377-7100**

**Highway Patrol
(847) 377-7020**

**Jail
(847) 377-4150**

**Judicial Sales
(847) 377-4401**

**Marine Unit
(847) 587-4471**

**Records
(847) 377-4200**

**Training
(847) 377-4350**

**Warrants
(847) 377-4300**

**Work Release
(847) 377-4450**

Parents set the example, serving as the primary role model for youth. With the start of the new school year, being an engaged parent is essential. Below are tips to help you set boundaries and keep your kids safe.

- Talk with children and teens: Teach your children and teens that no one should approach them or touch them in a way that makes them feel uncomfortable. If someone does, they should tell a trusted adult immediately.
- Always be specific: If your children/teens are getting picked up from school, let them know who will be picking them up, and remind them not go with anyone else.
- Take responsibility: Know where your children and teens are at all times. Be familiar with their friends and daily activities. Maintain names and phone numbers for their close friends in case of an emergency.
- Talk with children and teens about drugs: Children and teens experimenting with drinking and drugs is dangerous. Studies have shown that kids are most likely to experiment with alcohol and drugs they find at home. Check out [Partnership for Drug-Free Kids](#) and [drinkaware](#) for suggestions on how to start the conversation about alcohol and drug use. If you have any leftover painkillers or prescription drugs, please dispose them at any one of the [Prescription Drug Disposal boxes in Lake County](#).
- Establish rules and consequences: Set limits on cell phone use and know who your children and teens are communicating with via cell phone and social media. If your children/teens want to use social media, make sure you are their friend on the specific platform. Parents should set and save privacy settings. [Learn more about parental controls](#).
- Discuss Bullying: Talk with your student about the risks of bullying, being a victim or offender, and standing up for someone who is being bullied. Remember cell phones and social media are a documented means of bullying. [What to do if your child is being bullied resources](#).
- Restrict students from using electronic devices overnight: The Lake County Sheriff's Office recommends all devices with internet access be charged overnight in the parent's room. This practice ensures a restful night's sleep for both youth and parents.
- Review online safety with your students: Take the online safety [STOP. THINK. CONNECT.](#) quiz with your family today – it is both informational and fun!
- Think online gaming is safe for youth? Check out the [National Cyber Security Alliance's Gaming Tip Sheet](#).
- Our goal is to keep families safe. Visit the [Lake County Sheriff's Office](#) for more student safety tips.

“SERVING THE PEOPLE OF LAKE COUNTY WITH PRIDE”